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ABSTRACT

This bibliography on men, masculinity, sex roles, and androgyny summarizes much of the literature in the social sciences on these issues. The 221 sources are separated into several categories including: (1) men and masculinity: (2) counseling men: (3) self-help resources for men and interventions used in men's groups: (4) popular books on men and masculinity: (5) research in sex role psychology and male socialization: (6) sex roles and career development: and (7) androgyny, mental health, and empirical research/critiques. The references span the popular, professional, and research literature and are targeted to students, researchers, and counseling practitioners. (Author/HLM)

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A Select Bibliography on Men, Masculinity, Sex Roles, and Androgyny

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Presented as part of the symposium entitled "Sex Role Conflicts, Sexism, Masculinity: Implications for Counseling Psychologists" at the 88th Annual Convention of the American Psychological Association, Montreal, Canada, September, 1980.

Abstract

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Presented as part of the symposium "Sex Role Conflicts, Sexism, Masculinity: Implications for Counseling Psychologist" at 88th Annual Convention of the American Psychological Association, Montreal, Canada, September 5, 1980.

Sex role issues and conflicts in mental health have received more attention every year (Forisha, 1978; Garnets & Pleck, 1979; Harrison, 1978; Kaplan, 1976, 1979; Moreland, 1976; Pleck & Sawyer, 1974; Pleck & Brannon, 1978; Schaffer, 1980). There has also been an increased interest and professional literature on how the male sex role can negatively affect men's lives (David & Brannon, 1976; Goldberg, 1976, 1979; Komarovsky, 1976) and how this is relevant to counseling men (O'Neil, 1980; Skovholt, Gormally, Schauble, & Davis, 1978; Skovholt & Hansen, in press; Scher, 1979a, 1979b). The literature on the male sex role and masculinity has been generated from different areas of study including: sociology, psychology, education, and the popular literature. There is a need to assemble this literature so that it can be effectively used by professionals and the public.

This select bibliography on men, masculinity, sex roles, and androgyny summarizes much of the literature in the social sciences on these issues. The 221 sources are separated into nine categories including: (1) Men and masculinity - General (28 references), (2) A selected reading list on men for counselors and counseling psychologists (35 references), (3) Self help

resources for men and interventions used in men's groups (19 references), (4) Popular or paperback books on men and masculinity (20 references), (5) Research in sex role psychology, sex differences, and masculine socialization (35 references), (6) Sex roles and career development (22 references), (7) Androgyny/Mental Health: Research in professional journals (29 references), (8) Androgyny/Mental Health: Published Books (15 references), (9) Androgyny - Empirical Research and Critiques (18 references).

The references span the popular, professional, and research literature related to men, masculinity, and the psychology of gender roles. These listings will be particularly helpful to students, researchers, and counseling practitioners interested in knowledge about the changing roles of men, men's socialization, and the psychology of gender roles.

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